Higher Education and Quality Meals PICKENS MIDDLE SCHOOL FEBRUARY 2024 MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9	Happy- Valentine's Dag		START YOUR DAY THE HEALTHY WAY BREAKFAST	1 Breakfast Cinnamon Texas Toast Lunch Baked Lasagna Wild Mikes Cheesey Bites Seasoned Corn Steamed Broccoli Bread Stick & Choice of Fruit	2 Breakfast Sausage & Gravy Biscuit Lunch Italian Pizza Bird Dog Spinach Salad w/ Dressing Tater Tots Choice of Fruit National Tater Tot Day
	French Toast Lunch lam & Macaroni Au Gratin Chicken Ranch Wrap Green Beans Seasoned Carrots Choice of Fruit Breadstick	6 Breakfast Ham Biscuit Lunch Chicken Pot Pie Roasted Chicken Steamed Broccoli w/ Cheese Sauce Pinto Beans Dinner Roll Choice of Fruit	7 Breakfast Ultimate Breakfast Round Lunch Chicken Alfredo Meatball Sub Sweet Potatoes Spinach Salad w/ Dressing Choice of Fruit National Fettuccine Alfredo Day	8 Breakfast Breakfast Pizza Lunch Taco Stick Fiesta Stuffed Shells w/ Tortilla Chips Mexicali Corn Black Beans w/ Red Peppers Choice of Fruit	No School TAKEA BREAK!
12	TAKE A	13 Breakfast Honey Bun Lunch Italian Pizza Chicken Sandwich Spinach Salad w/ Dressing Sweet Potato Fries Choice of Fruit	14 Breakfast Chicken Biscuit Happy Valentines Day Lunch Roasted Chicken Country Style Steak Mashed Potatoes Pinto Beans & Steamed Cabbage Combread and Choice of Fruit	15 Breakfast Cinnamon Bread Lunch Beef Blasters Teriyaki Chicken Seasoned Rice Glazed Carrots Steamed Broccoli w/ Cheese Dinner Roll & Choice of Fruit	16 Breakfast Sausage & Gravy Biscuit Lunch Philly Cheesesteak Sub Baked Fish Filet Spinach Salad w/Ranch Seasoned Corn Dinner Roll & Choice of Fruit Frozen Fruit Friday
19	Breakfast Pancake Pup Lunch Chicken and Waffles Sloppy Joes Sandwich Tater Tots Broccoli Florets w/ Ranch Choice of Fruit	20 Breakfast National Muffin Day Lunch BBQ Sandwich Buffalo Chicken Flatbread Spinach Salad w/ Dressing Carrot Sticks w/ Ranch Choice of Fruit	21 Breakfast Blueberry Donut Holes Lunch Beef Stir Fry Teriyaki Dumplings Seasoned Rice Steamed Broccoli Succotash Dinner Roll	22 Breakfast Chicken Biscuit Lunch Breaded Ravioli w/ Dipping Sauce Popcorn Chicken w/ Breadstick Spiral Fries Baked Beans Choice of Fruit	23 Breakfast Sausage & Gravy Biscuit Lunch Bacon Cheeseburger Lettuce, Tomato & Pickles Hot Dog w/ Chili Sweet Potato Fries or Cole Slaw Choice of Fruit Frozen Fruit Friday
	Powdered Sugar Donuts Lunch Breaded Pork Chop Homemade Meatloaf Mashed Potatoes ed Carrots or Collard Greens Dinner Roll Choice of Fruit	27 Breakfast Strawberry Bagel Lunch Sausage Patty or Chicken Patty Scrambled Eggs & Cheese Grits Cherry Tomatoes w/ Ranch Hash Browns & Biscuit Fresh Strawberries or Choice of Fruit National Strawberry Day	28 Breakfast Cinnamon Roll Lunch Clux Deluxe Day Chicken Fillet Sandwich or Chicken Nuggets w/ Breadstick Spinach Salad w/ Dressing Baked Beans Choice of Fruit	Breakfast Breakfast Pizza Lunch Rib B Que Sub Fish Sticks w/Hushpuppies Cole Slaw French Fries Dinner Roll Choice of Fruit	ESPICATE AST



This Institution is an Equal Opportunity Provider

Menu is subject to change depending upon availability of food items.

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers





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